

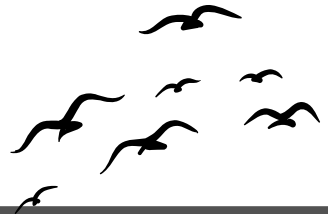
GETTING IN TOUCH WITH NATURE

Spend 5 minutes outside. Write or draw what you observed using your senses.

FEEL



HEAR



SMELL



SEE

